



Shepherd of the Hills Lutheran Church
Pastor Terry's Thoughts of the Week

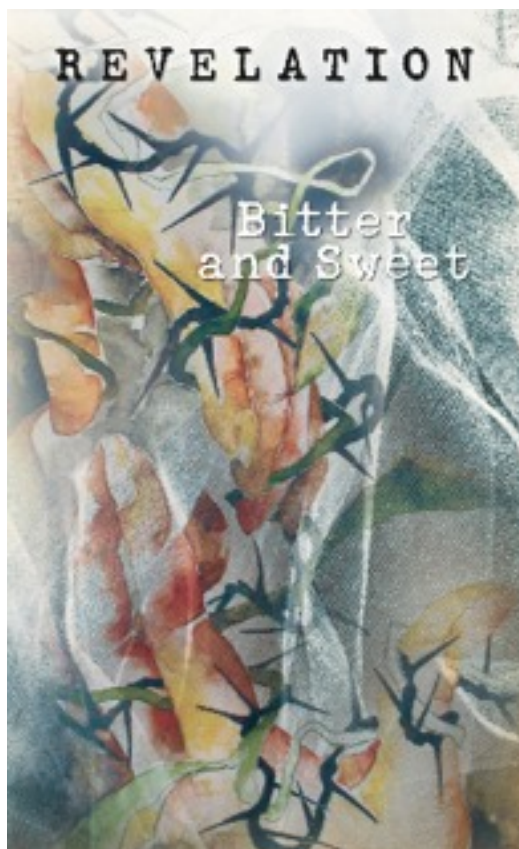
Bitter and Sweet

Are you feeling bitter or sweet today? You remember the saying, if life gives you lemons, make lemonade. Well, if life gives you too much sweetness, spread it around – there ARE chocolate hounds around!

Most of us are at the point of wanting to turn the news off because there is very little good news reported in the world today. So, there we have our job – spread the good news around. Smile at people – it can drive them crazy! Be sympathetic when you come across a cashier or sales person who has just had a “difficult” customer just before you. Look at the world with a little rose color in your glasses – it doesn’t make things unreal, it just helps smooth the edges of the day.

If you’re at a low point in your feelings, feeling bitter because of job loss, financial stress, inability to get doing what you feel you should, take last weeks’ suggestion, and find some quiet time. Take time to really look at how your life is going. Deal with what you have in front of you at the moment. Don’t try to solve every problem at once. Divide – and conquer.

This may all sound rather like a simple pat on the back type of guidance,



but in fact, most of the answers to our situations are within us. We just don't seem to be able to sort them out at times. Just remember, God walks with us and if we listen well enough, he will be there to guide us to the appropriate answers.

The answers we seek are not always "yes" or "no" but more a mixture of solutions. Take them one at a time and the best will come to you.

TMK

-- *Week of August 1, 2010*